

NOVEMBER 2026: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Pizza Slice (V) Parmigiana Peas (V) *Salad Bar* Pizza Bar With Balsamic Chickpea Salad (V)	**Sunburst Chicken** **Sunburst Chickpeas (VE)** Naan (VE) Roasted Carrot Coins (VE) *Salad Bar* Eastern Harvest Bar	**Homestyle Mashed Potato Bowl with** Veggie Nuggets (VE) Or Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) *Salad Bar* Leafy Green Bar	**Lentil Bolognese (VE)** with Pasta Marinara (VE) **Mozzarella Sticks (V)** with Herbed Marinara Cauli-Crunchers (V) *Salad Bar* Mediterranean Bar	**Apple Glazed Chicken** Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) *Salad Bar* Rainbow Bar
9	10	Veterans Day 11	12	13
Broccoli Cheddar Pizza (V) **French Bread Pizza (V)** Creamed Spinach (V) *Salad Bar* Pizza Bar With Balsamic Chickpea Salad (V)	**Chicken Tenders** with Dipping Sauce **Fish Sticks** with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) *Salad Bar* Leafy Green Bar	**Black Bean Burger (VE)** **Chicken Cheeseburger** Seasoned Wedge Fries (VE) *Salad Bar* Classic Toppings Bar	**Sweet Ginger Chicken** Garlic Noodles (VE) Steamed Garden Medley (V) *Salad Bar* Zen & Zest Bar	**Bean & Cheese Taquito (V)** **Empanada (V)** Salsa (VE) Sweet Plantains (VE) *Salad Bar* Fiesta Bar
16	17	18	19	20
Plastic Free Lunch Day **Personal Pizza (V)** Green Beans and Mushrooms (VE) *Salad Bar* Plastic Free Bar with Sliced Cucumbers (VE)	**Honey Mustard Crispy Chicken Sandwich** On a Pretzel Bun Roasted Dill Potatoes (VE) *Salad Bar* Leafy Green Bar	**Three Cheese Grilled Cheese (V)** **BBQ Tofu (VE)** Macaroni & Cheese (V) Honey Corn Bread (V) Ranchy Broccoli (VE) *Salad Bar* Rainbow Bar	**Arroz Con Pollo** Spanish Rice and Roasted Chicken Salsa (VE) Stewed Black Beans (VE) *Salad Bar* Fiesta Bar	**Cowboy Veggie Burger (V)** **Cowboy Cheeseburger** Sweet Potato Waffle Fries (VE) *Salad Bar* Classic Toppings Bar
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Pizza Slice (V) Parmigiana Peas (V) Herbalicious Corn (VE) *Salad Bar* Pizza Bar	**Crispy Chicken Bites** with Dipping Sauces Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) *Salad Bar* Rainbow Bar	**Apple Glazed Chicken** Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Buttermilk Biscuit (V) Animal Crackers (VE) *Salad Bar* Leafy Green Bar	**Lentil Bolognese (VE)** with Pasta Marinara (VE) **Mozzarella Sticks (V)** with Herbed Marinara Cauli-Crunchers (V) *Salad Bar* Mediterranean Bar	**Sunburst Chicken** **Sunburst Chickpeas (VE)** Naan (VE) Roasted Carrot Coins (VE) *Salad Bar* Eastern Harvest Bar
30				
Broccoli Cheddar Pizza (V) **French Bread Pizza (V)** Creamed Spinach (V) *Salad Bar* Pizza Bar With Balsamic Chickpea Salad (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

Pre-K – 8 with CEE Service
Tuesday - Friday Options
• Chicken Breaded Bite Grab & Go Salad
• Chicken Tender Wrap

OFNS has an extensive Prohibitive Ingredients List available at:

Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V)**: A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE)**: A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S. Office of Food & Nutrition Services | Urban School Food Alliance

Menu subject to change.
Our menus are pork free.